



**10% OFF**

for clients of  
**Speed Training Lab + High Performance Centre®**

**2024-2025**

# ADMISSION NOW OPEN

**ELITE PRIVATE SCHOOL WITH DAILY SPORTS PROGRAMS**

World-class education, Accredited International Baccalaureate World School  
incorporating Ontario Ministry of Education Curriculum

## ACADEMICS

- IB Primary Years Programme
- Middle School
- High School
- Post Graduate
- University Prep
- Online & Summer Courses

## ATHLETICS

- Hockey
- Goalie
- Basketball
- Soccer
- Baseball & Golf
- Strength & Conditioning

## WE OFFER

- Small Class Sizes
- Experienced Teachers
- Individual Education Plans
- Transportation
- Meal Plan
- And Much More...

**KINDERGARTEN TO GRADE 12 | ALL LEVELS | BOYS & GIRLS**

Approved by

**Ontario**  
Ministry of  
Education



130 Racco Parkway, Thornhill, ON L4J 8X9  
(905) 652-1234 | [info@kingheightsacademy.com](mailto:info@kingheightsacademy.com)  
[www.kingheightsacademy.com](http://www.kingheightsacademy.com)

**KING HEIGHTS ACADEMY**  
ACHIEVING EXCELLENCE TOGETHER  
**BOOK A PRIVATE TOUR**



SCAN

# SOCCER FITNESS

PROUDLY PARTNERED WITH



**KING HEIGHTS ACADEMY**  
ACHIEVING EXCELLENCE TOGETHER



Our Soccer Specific Technical Skills Program is designed to enhance the essential skills required for soccer players of all levels. This program is built into the school day and focuses on key technical abilities and provides a comprehensive approach to player development.



## Dribbling Mastery

Develop advanced dribbling skills for precision and control.



## Passing Precision

Learn accurate passing to enhance team play.



## Receiving Excellence

Improve first touch and ball control.



## Shooting Accuracy

Enhance goal-scoring from various positions.



## Comprehensive Approach

Build strength, speed, agility, endurance, and flexibility.



## Expert Coaching

Get personalized guidance from qualified coaches.



## Injury Prevention

Learn techniques to reduce injury risk.



## Supportive Environment

Push your limits in a motivating setting.

**Register Now**



More information  
[www.kingheightsacademy.com](http://www.kingheightsacademy.com)

